Health Care Information

PERSONAL INFORMATION

First Name	(Nickname)	Last Name	DOB or Age
Mariam	Mimi	Mohtandor	81

Street Address	City, State, ZIP
2345 Sunshine Lane	Eugene, OR 97405

Preferred Language	Phone Number	Emergency Contact Information
English or Arabic		

Parent/Legal Representative	Parent/Legal Representative Phone/Email
Lena Mohtandor (daughter) has power of attorney	lenama@email.com 541-555-1234
Insurance Information	**Pharmacy Information (most commonly used)**
Veterans Affairs Health Plan / Medicaid	Meadow Glen Pharmacy
Primary Care Provider/Contact Information	**Specialty Care Providers/Contact Information**
City Health Clinic: 541-555-7676	N/A

Communication Support Needed

Current Symptoms

Symptom	When it started
☒ Fever - Temp: 103 F	6/2/20
☐ Cough	
☒ Muscle Pain/Fatigue	Unsure
☒ Shortness of Breath	6/3/20
☐ Chest Pain/Pressure	
☐ Blue Lips/Face	
☐ Nasal Congestion	
☐ Diarrhea	
☐ Loss of Smell/Taste	
☐ Sore Throat	
☒ Blood Oxygen <90	6/6/20
☐ Headache	
☐ Confusion/Won't Wake	
☐ Body Ache	
☐ Chills/Shaking with Chills	
☐ Other:	

Note: Information on this form may not be complete

Medication List

Ditropan
Asprin
Razadyne

Allergies and Dietary Restrictions

Penecillin

Medical/Assistive Devices and/or Service Animal

Check all that apply

- ☐ Neurodevelopmental disorder/ID
- ☐ Cancer
- ☐ COPD
- ☐ Emphysema
- ☐ Asthma
- ☐ Kidney disease
- ☐ Liver disease
- ☐ Heart disease
- ☐ HIV/AIDS
- ☐ Diabetes
- ☐ Immunocompromised
- ☐ Severe obesity (>40 BMI)
- ☐ Mental illness
- ☐ Substance use
- ☐ Corticosteroid use
- ☐ Smoker
- ☐ Homeless
- ☐ Long-term care resident
- ☐ Pregnant
- ☒ Age 65 or older

Other Health Conditions

Dementia - Alzhiemers Disease (3 years) // Severe Arthritis

Advance Care Planning (check all that apply)

- ☒ HEALTH CARE ADVANCE DIRECTIVE OR LIVING WILL – Location, if known: attached, and with my daughter
- ☐ POWER OF ATTORNEY– Location, if known:
- ☐ DO NOT RESUSCITATE (DNR) ORDER – Location, if known:
- ☐ PHYSICIAN ORDERS FOR LIFE-SUSTAINING TREATMENT (POLST, MOLST OR POST)
- ☐ PSYCHIATRIC ADVANCE DIRECTIVE – Location, if known:

IMPORTANT – Health Care Person-Centered Profile on Reverse Side

Health Care Person-Centered Profile

What Matters to Me

Please call me

Mariam

1. What people appreciate about me

-Mima can quote long passages of verse from memory and leads family and community prayer meetings. She's a good listener.
-Former school nursing assistant, helped many children over the years.

2. Who and what is important to me

Her children are very important to Mariam. She has 3 children, two daughters (Lena and Farahani) and a son (Ayre). One daughter (Farahani) passed away last year but Mima sometimes forgets that she has died. She likes to talk about all her children and where they live.

She has some prayers that she recites from memory and can help calm her, especially later in the day. She sometimes needs help remembering the first line, but then can finish, sometimes in a song.

(1)Praise be unto Thee, O Lord my God!.... and
(2) Magnified art Thou, O Lord of the entire creation…

3. How to best support me

- Mima takes pills in a pudding or in applesauce.
- Likes to sip warm water when her stomach is upset.
- Mima does not like when men are involved in her personal care. If absolutely necessary, explain to her that this is a doctor who needs to take care of her.
- Mina sometimes will get out of bed and wander. She usually says she is looking for her clothes. Allowing her to have her own shirt with her helps her feel comfortable. She does not need to wear it – just having her hand on it helps. A towel can also be calming.

This Health Care Person-Centered Profile was completed by: ☐ Me ☒ Someone else

Name and relationship):

Lena Mohtandor (daughter)